



01 Health and safety procedures

01.4 Children's bathrooms/changing areas

- Children's spare clothes and nappy bags are supplied from home and stored on the coat rack. Additional spare clothes and nappies/pants are stored on shelves within the bathroom.
- Children in nappies are changed on a changing mat on the floor, so there is no risk of rolling off a changing unit. Staff should not have to lift heavy toddlers on to waist high units.
- Changing mats are cleaned and disinfected in baby change areas.
- Disposable nappies/trainers are cleared of solid waste and placed outside out of reach of the children.
- Staff use single use gloves and aprons to change children and wash hands when leaving changing areas. Please note that gloves are not always required for a wet nappy if there is no risk of infection, however, gloves are always available for those staff who choose to wear them for a wet nappy. Gloves are always worn for a 'soiled' nappy and when assisting children on the toilet.
- Staff never turn their backs on or leave a child unattended whilst on a changing mat.
- Changing areas or stands are provided for older (disabled) children, if required.
- Changing mats are disinfected after each change.
- Anti-bacterial sprays used in nappy changing areas are not left within the reach of children, but stored on high shelves within the bathroom.
- Natural or mechanical ventilation is used; chemical air fresheners are not used.
- All other surfaces are disinfected daily.

Children's toilets and wash basins

- Children's toilets are checked every hour and cleaned using disinfectant cleaning agent at the end of every day, as well as whenever visibly soiled throughout the day.
- Toilet flush handles are disinfected daily.
- Taps not in use are run for several minutes every two to three days to prevent infections such as Legionella.
- There is a toilet brush available for children's toilets.
- Cubicle doors are washed weekly.



- Children's hand basins are cleaned twice daily and whenever visibly soiled, inside, and out using disinfectant cleaning agent. Disposable clothes are used and disposed of after use.
- Mirrors and tiled splash backs are washed daily.
- Paper towels are provided.
- Bins are provided for disposal of paper towels and are emptied daily.
- Staff who clean toilets wear disposable gloves.
- Staff changing children wear gloves and aprons as appropriate.
- Wet or soiled clothing are put in a plastic bag for parents to collect.
- Floors in children's toilets are washed daily.
- Spills of body fluids are cleared and mopped using disinfectant.
- Mops are rinsed and wrung after use and stored upright, not stored head down in buckets.
- Mops used to clean toilets or body fluids from other areas are designated for that purpose only and kept separate from mops used for other areas. Colour coding helps keep them separate.
- Used water is discarded down the drain or butler sink.
- Butler sinks are cleaned and disinfected at the end of each day.